



**Date:** Saturday, September 28<sup>th</sup>, 2019  
**Site:** Shepherd High School Cross Country Course

**Time:** 9:00 AM Open Race 5K (Open to all including 5<sup>th</sup> Grade & Under) - \$5 entry fee sign up at [www.CHTTiming.com](http://www.CHTTiming.com)  
9:40 AM High School Girls Blue 5K Race  
10:20 AM High School Boys Blue 5K Race  
11:00 AM High School Girls JV 5K Race  
11:40 AM High School Boys JV 5K Race  
12:20 PM High School Girls Gold 5K Race  
1:00 PM High School Boys Gold 5K Race  
1:40 PM Middle School Girls Race  
2:20 PM Middle School Boys Race

**Meet Format:** There will be a race for each division. Medals will be awarded per race and not split by division.

- Awards:**
1. Trophies to top 2 teams in each division – Trophies can be picked up at Finish Table once results posted
  2. 50 medals in each HS Varsity race, 30 medals in each MS race – Awarded in Chute
  3. Varsity Team Champion Shirts for Winning Team in each Division (7 Shirts per team) – Picked up with Trophy
  4. Top 10 T-shirts to Top 10 finishers in each HS Varsity and MS race – Awarded in Chute

**Course:** The races will be held on Shepherd Public School's Cross Country course. The course is extremely spectator and runner friendly. It is a one loop course with a mix of paths through fields as well as trails so wooded areas. With a relatively small amount of movement spectators and coaches can see athletes 5-6 times and someone wanting to run a little bit can probably catch them 8 times. (See Attached Map)

**Timing:** Athletes will be assigned a shoe chip tag that must be returned and a matching bib. The chips will come in an envelope and coaches must return envelope with all chips or school will be charged \$30 per missing chip. Athletes will lace chips in their shoe laces.

**Packet Pick Up:** Coaches may pick up their packet with bibs and chips at the Pole Barn from 7:30 AM to 11:30 AM. Coaches may drop off collected chip envelope to the Finish Line. (See Attached Map)

**Cost:** \$200 total for both HS genders (\$100 if only bringing one), \$70 for MS team

**Spectator Admission:** \$5 for Adults. Kids 8 and under are free

**Athlete Drop Off / Bus Parking:** Busses may drop athletes off at Entrance #2 then park (See Attached Map) Busses should park in Parking Lot #6, the Shepherd Public School Bus Loop. (See Attached Map)

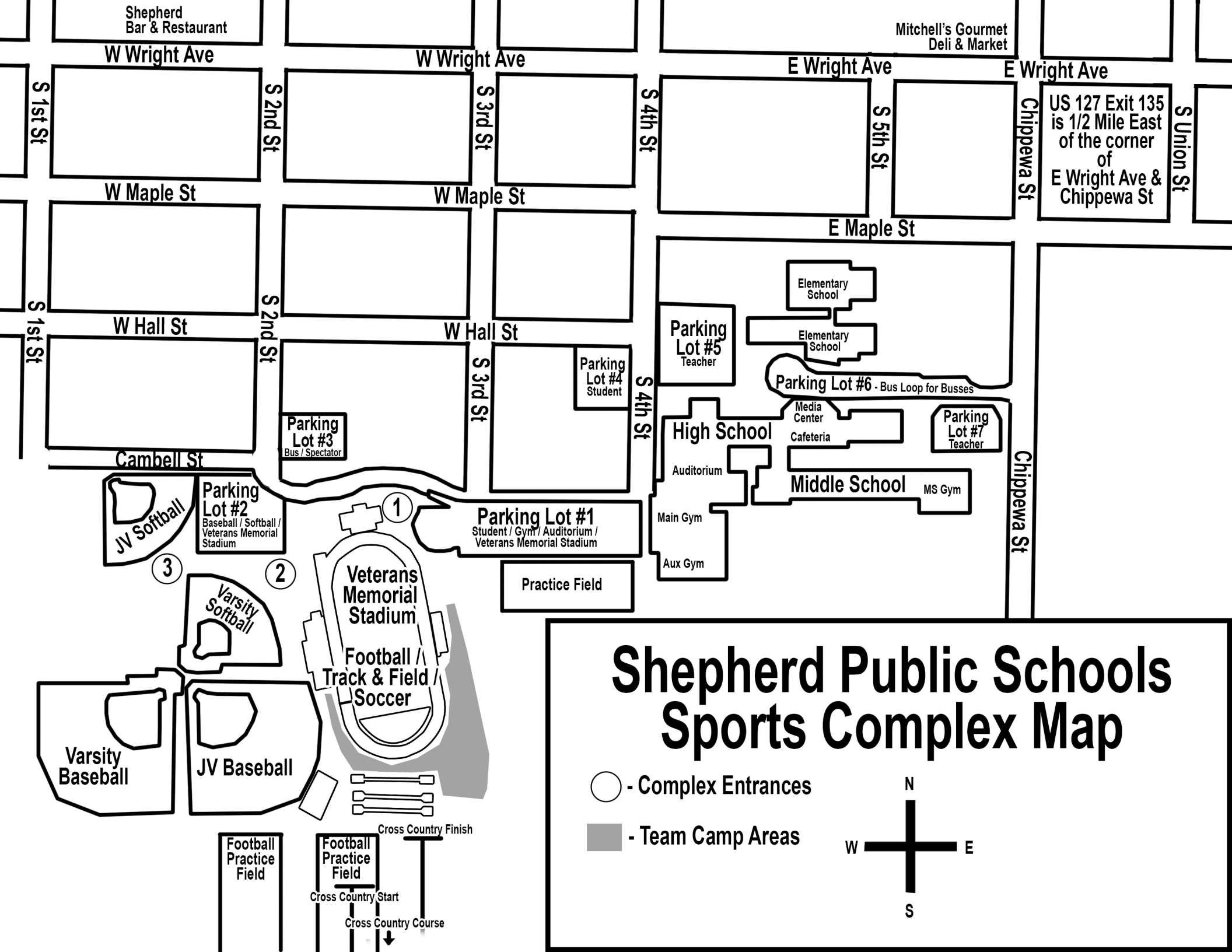
**Spectator Parking:** Spectators may park in Parking Lot #1, #2, #3 and then #4 or #5 if necessary. (See Attached Map)

**Shirts/Concession:** 4<sup>th</sup> annual Bluejay Invite Shirts will be available & basic concessions including donuts and coffee in the morning with hot dogs later in the day. Chips, Candy, Muffins, Powerade & Water available all day.

**Entries:** All entries will be made online at <http://www.athletic.net>. Entries due Tuesday September 24<sup>th</sup> at 8 PM.

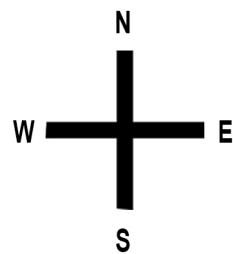
**Results:** Coaches will receive results for all races at the conclusion of meet.  
Results will also be available at <http://www.ShepherdCrossCountryandTrack.com> and <http://www.athletic.net> shortly after the meet.

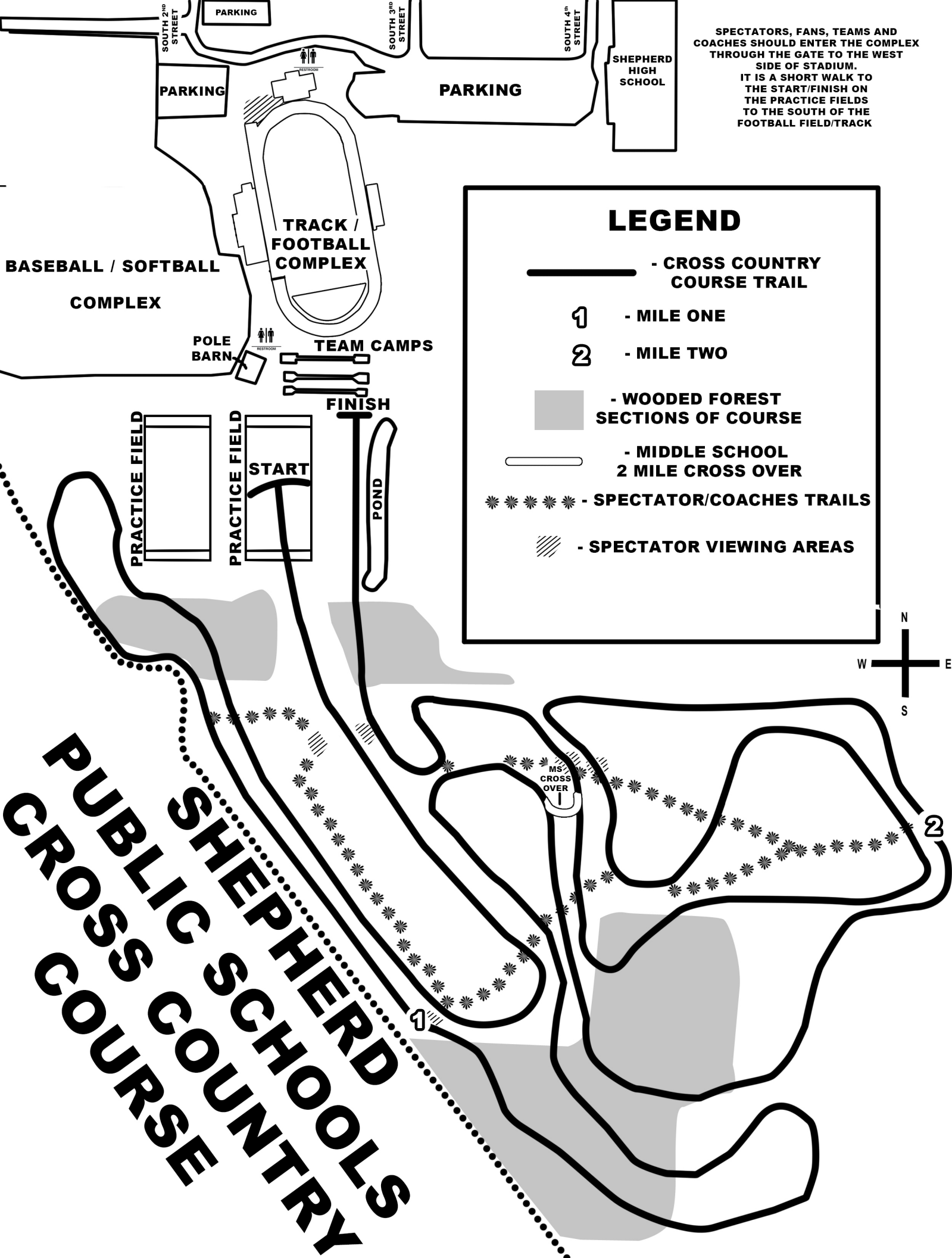
Please contact us with any issues or questions, or if interested in attending let us know and we will send a contract.  
Carey Hammel: 1-989-506-8556, [careyhammel@gmail.com](mailto:careyhammel@gmail.com)



# Shepherd Public Schools Sports Complex Map

- - Complex Entrances
- - Team Camp Areas





SPECTATORS, FANS, TEAMS AND COACHES SHOULD ENTER THE COMPLEX THROUGH THE GATE TO THE WEST SIDE OF STADIUM. IT IS A SHORT WALK TO THE START/FINISH ON THE PRACTICE FIELDS TO THE SOUTH OF THE FOOTBALL FIELD/TRACK